

ASSESSMENT

Character and Resiliency Education Grades 6-8

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	When other kids are upset, I can normally understand why they are feeling that way.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
2	I am very good at telling what other kids are feeling	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
3	I am a good listener.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
4	My teachers would say that I make good decisions.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
5	I am really good at resisting peer pressure.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
6	I know how my teachers expect me to behave.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
7	I avoid doing things that are dangerous.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
8	I think about the consequences before deciding to do something.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
9	My teacher thinks that I have good manners.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
10	I help kids who ask me to help them with something at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
11	I work very well with other students.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
12	I can concentrate in class for long periods of time.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
13	I pay a lot of attention to details in my school work.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
14	When I feel sad or angry, I understand why I feel that way.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
15	I can make sense of complicated situations.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
16	I stay calm when I come across a problem that is hard to solve.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
17	It bothers me very much when one of my friends is upset.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
18	I am confident that I can do what is being asked of me at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
19	When I have a problem at school, I am good at figuring out what to do.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
20	I think about whether or not a behavior is safe before I decide to do it.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
21	I know how to stop arguments with other kids from getting out of hand.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
22	I can calm myself down if I feel stressed at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
23	I get along well with other kids.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
24	When I am upset about something, I am more careful about what I say or do.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
25	I am sure about how to behave in most situations.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
26	I listen carefully when my teachers explain something to the class.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
27	I am well behaved at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
28	I am a good team member.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
29	At school, I can do anything well if I put my mind to it.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
30	I can keep my emotions under control.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
31	I am good at learning new things.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
32	I have a good sense of what other people are feeling.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
33	I am careful about how I act when I am angry or upset..	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
34	I think things through very carefully before making an important decision.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
35	I am excited about my future.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
36	I feel sorry for kids who seem to be sad or unhappy about something.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
37	I am good at controlling my feelings during a test or exam.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
38	I apologize when I've accidentally hurt someone.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
39	I know what I need to do when I feel stressed or nervous at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
40	I have a lot to contribute to my class.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
41	I work hard to avoid making the same bad decision twice.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
42	I am confident I can deal with problems in my life.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
43	My teachers would describe me as someone who is very helpful.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
44	When I feel sad or angry, I do not let my emotions influence my behavior.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
45	When friends are unhappy, I try to cheer them up.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree